## **Sonora High School - Raider Report**

September 6, 2020, Vol. 2, No. 3



Sonora Dance/Drill Captains!

We are so excited to welcome another amazing group of Raiders this year on our wonderful, fantastic and talented team for the 2020/2021 School Year. Here is an amazing picture of our new Captains from an event this summer. In a normal school year these athletes would have already been practicing for three months on campus for their upcoming shows. This has been so hard on our Raiders and Mrs. Shetland but no matter what they always make the best out of every situation. We are so proud of you all!



## Raiders Football Program Hard at Work!

Look at these amazing Raiders working with the latest requirements for our Sports Programs at Sonora. These outdoor workouts look very effective from the muscles on our Varsity Team Member Dylan S. The rest of our Varsity Football Team are putting in that work, getting ready for our Football Season that will hopefully happen in 2021! Great job Dylan, we want muscles too!!!

(Photo Credit - PTakk - #1

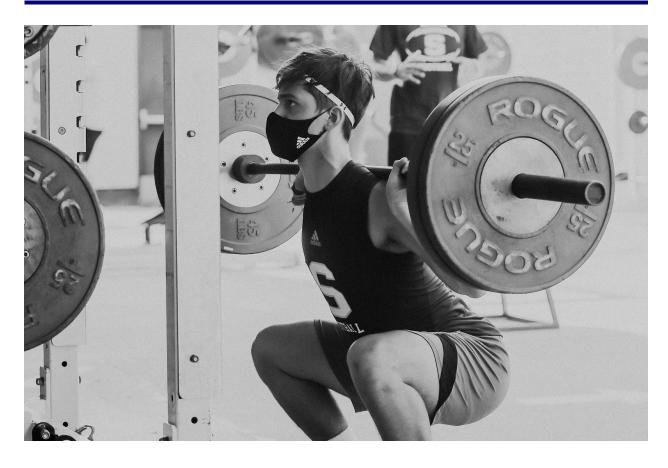
Angels Fan!)



## Welcome to the Family Coach Oberlander!

We are so proud and thankful to welcome another new Raider to the PE Classroom and as our Head Varsity Football Coach! Coach Oberlander has joined the Raider Family and we could not be happier with his work in the classroom and with the many restrictions we have to deal with on the Football Team. Coach just got done putting up 315 on the bench...and that was just a warm up. He is leading the way for our Raiders to put in that maximum effort this off-season. Welcome Coach O, can't wait to see you and all of our teams back out and competing very soon!

(Photo Credit - PTakk - #1 Angels Fan!)



**Going Deep!** 

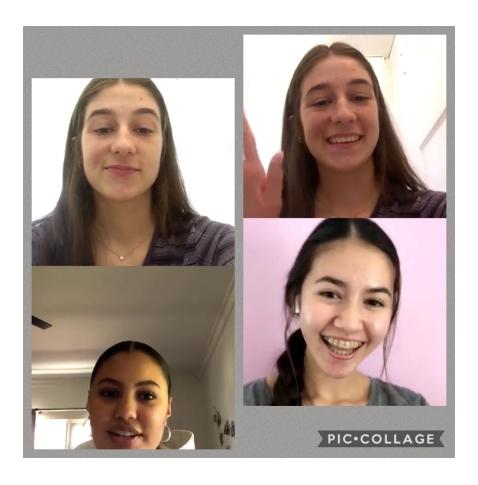
We are super proud of our Sonora Varsity Football team for getting out and making the best of Athletics while following all of the new rules as we move back into sports at Sonora. This Varsity Football Player appears to be in mid-season form with this amazing technique on the Squat Rack! We love to feature all of our Raiders, so please send in those pictures to <a href="mailto:abailey@fjuhsd.org">abailey@fjuhsd.org</a> and you could be featured in the next Raider Report!

(Photo Credit - PTakk - #1 Angels Fan!)



## Welcome to our Newest Raider - Mr. Cazares!

Mr. Steve Cazares is the newest member of the Sonora HS family and will be serving as the Assistant Principal of Student Affairs. Prior to coming to FJUHSD, Steve dedicated 14 years as an educator in the Hacienda La Puente USD, fulfilling various roles from special education teacher, athletic coach, Assistant Principal, and Principal. Most recently, he was a Program Specialist in the Chino Valley USD, working with school sites and families to navigate special education. Steve earned his Bachelor of Arts degree in Communication from the University of Southern California and his Master of Arts and Teaching Credential from Azusa Pacific University. Mr. Cazares lives in Brea with his wife, Michele, and their three boys and they are excited to be a part of the Sonora team. GO RAIDERS!



Miss You All So Much!

Just look at those smiles from our Fellowship of Christain Athletes - Program Leaders! These are the positive faces and love we will continue to focus on during these difficult times. So, when you are feeling down or upset, just pull out your phones and flip through the faces that make you happy and go from there! Just a reminder that on Monday, September 7th, 2020 there will be no school for all Raiders in honor of Labor Day.

Comments or feedback - <a href="mailto:abailey@fjuhsd.org">abailey@fjuhsd.org</a>, like us on Twitter @sohsraiders and Instagram: sohsraiders

- Raider Pride, All Clear!